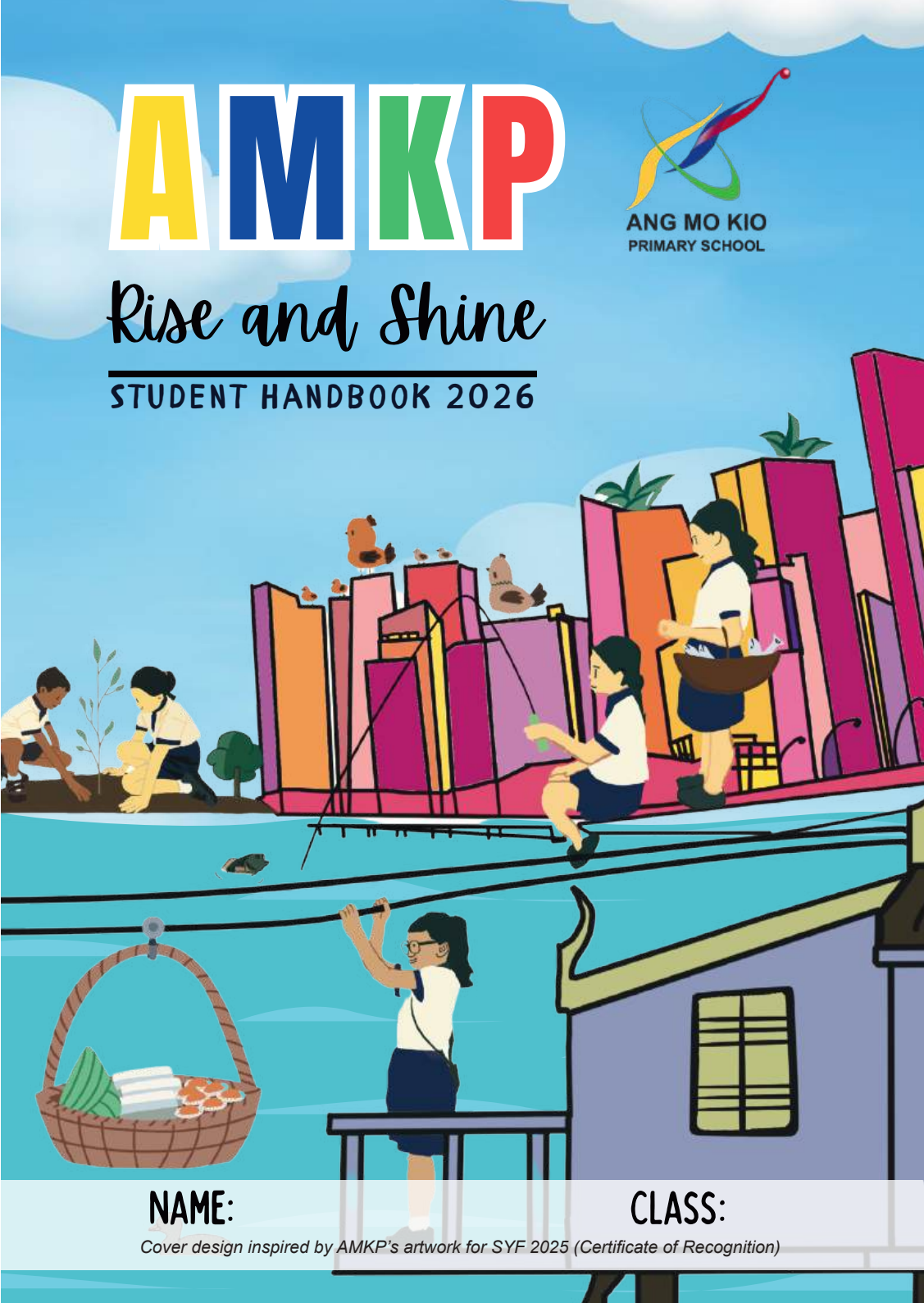
AMKP

ANG MO KIO
PRIMARY SCHOOL

Rise and Shine

STUDENT HANDBOOK 2026



NAME: CLASS:

Cover design inspired by AMKP's artwork for SYF 2025 (Certificate of Recognition)

The National Flag, consists of two equal horizontal sections, red above white. A white crescent moon occupies the upper left red section. Next to the moon are five white stars arranged in a circle.

Each feature of the Flag bears a unique symbolic meaning. Red stands for universal brotherhood and equality of man. White symbolises pervading and everlasting purity and virtue. The crescent moon represents a young nation on the ascendant, and the five stars depict Singapore's ideals of democracy, peace, progress, justice and equality.

Our National Anthem

Majulah Singapura	Onward Singapore
Mari kita rakyat Singapura	Come, fellow Singaporeans
Sama-sama menuju bahagia	Let us progress towards happiness together
Cita-cita kita yang mulia	May our noble aspiration bring
Berjaya Singapura	Singapore success
Marilah kita bersatu	Come, let us unite
Dengan semangat yang baru	In a new spirit
Semua kita berseru	Let our voices soar as one
Majulah Singapura	Onward Singapore
Majulah Singapura	Onward Singapore

Singapore Pledge

We, the citizens of Singapore,
pledge ourselves as one united people,
regardless of race, language or religion,
to build a democratic society,
based on justice and equality,
so as to achieve happiness,
prosperity and progress for our nation.

National Education (NE) Messages

1 **Singapore is our homeland; this is where we belong.**
We treasure our heritage and take pride in shaping our own unique way of life.

2 **We must preserve racial and religious harmony.**
We value our diversity and are determined to stay a united people.

3 **We must uphold meritocracy and incorruptibility.**
We provide opportunities for all, according to their ability and effort.

4 **No one owes Singapore a living.**
We find our own way to survive and prosper, turning challenge into opportunity.

5 **We must ourselves defend Singapore.**
We are proud to defend Singapore ourselves; no one else is responsible for our security and well-being.

6 **We have confidence in our future.**
United, determined and well-prepared, we have what it takes to build a bright future for ourselves, and to progress together as one nation.

Contents

Name: _____ Class: _____

Home address: _____

_____

Sibling(s) In The School

Name: _____ Class: _____

Name: _____ Class: _____

After-School Care Arrangements

❏ Attending *NASCANS Student Care Centre* 8876 1576

❏ Attending another student care centre (Please specify): _____

_____

_____

❏ Other After-School Care Arrangement. I will be fetched by:

- ❏ Parent(s)
- ❏ Grandparent(s)
- ❏ Other family members
- ❏ Domestic Helper
- ❏ Others (specify): _____

_____

_____

_____

My Teachers

Name	Name
Form Teacher	Form Teacher
English Teacher	Maths Teacher
Science Teacher	Mother Tongue Language Teacher (Group ____)
Social Studies Teacher	Physical Education Teacher
Art Teacher	Music Teacher

In Case of Emergency

Please contact _____

He/She is my _____

Tel: _____ (home/office) _____ (mobile)

or

Please contact _____

He/She is my _____

Tel: _____ (home/office) _____ (mobile)

My blood group is _____

My medical conditions (if any) _____

_____

I am allergic to (if any) _____

_____

VISION

Every Child, a Confident Person, a Joyful Learner and a Caring Citizen

MISSION

To Care, To Guide, To Inspire

R^3IC^2E VALUES

Resilience, Respect, Responsibility, Integrity, Care, Courage, Excellence

DESIRED OUTCOMES OF AMKPIANS

With the aim to nurture every child to be a confident AMKPian, we believe that he or she must be able to:

Confident Person	• Distinguish right from wrong • Know his/her strengths and areas for growth • Have healthy habits and an awareness of the arts • Think for and express himself/herself confidently • Show perseverance and know what to do in challenging situations
Joyful Learner	• Ask questions to find out more • Show an interest in learning new things and think up new ideas • Learn with and from others • Use feedback and learn from mistakes to improve his/her learning • Know where one is in his/her learning and what his/her next steps are
Caring Citizen	• Respect ideas and perspectives shared by peers • Work well with others • Take initiative to help others • Make a positive change in our community • Know and love Singapore

SCHOOL LOGO DESCRIPTIONS

Yellow represents
Vitality & Talents

Blue represents
Loyalty & Honour

Green represents
Harmony & Equality

Red represents
Confidence & Perseverance

This design takes the concept of a flaming desire to aspire and achieve.

The three twirls represent the cognitive, physical, and moral development of our students.

The upward movement of the twirls signifies the aspiration to aspire and all-round education represented by the sphere.

The circular band symbolises the collaborative efforts between the school and the community to inspire our students in their pursuit of excellence.

Collectively, these culminate in an individual who is able to contribute to society and meet the challenges of an ever-changing world.

AMKP, We Will Shine

Vocal Score

Kelly Tang

Allegretto

♩= 120

Voice

3

E-very day that goes on by o-ffers hope for to - mo-rrow With

9

all we have we'll make the best of our fu-ture, our lives

Chorus

With our heads held high let our

15

hearts pre - pare to pur - sue our dreams to serve and to share We will soar on up to the

19

stars a - bove where to - ge-ther we will shine! Pre-ssing on-ward with cou-rage truth and com-

25

pa - ssion our light will shine for our na - tion as we reach for the world

Chorus

With our

31

heads held high let our hearts pre - pare to pur - sue our dreams to serve and to share We will

35

soar on up to the stars a - bove where to - ge - ther we will

38

shine! A - M - K - P, we will shine!

Together, We Rise and Shine

THE AMKPIANS' PROMISE

WE, THE AMKPIANS, PROMISE TO UPHOLD OUR R^3IC^2E VALUES

RESILIENCE

We will be grateful for what we have and face challenges with perseverance and positivity.

RESPECT

We will appreciate diversity and be mindful and considerate in our speech and actions.

RESPONSIBILITY

We will take ownership of our words and actions.

INTEGRITY

We will do what is right even when no one is watching.

CARE

We will be kind and helpful to others, our environment and our community.

COURAGE

We will embrace a 'dare-to-try' attitude when we face new experiences, and stand up for what is right and kind.

EXCELLENCE

We will give our best and pursue growth with confidence and celebrate successes with humility.

Our School Rules

1. **Respect for Singapore and the School**
   - Students who are Singapore citizens must sing the National Anthem and take the Pledge. Students will take the Pledge with the right fist placed over the heart.
   - Non-Singapore citizens must stand at attention during flag-raising ceremony.
   - Students are to sing the school song respectfully.
   - Students are expected to uphold the reputation of the school at all times. When students are dressed in their school attire, they represent the school and must be well-behaved, both in and outside of the school.

2. **Attendance and Punctuality**
   - Attendance is compulsory. All students are to be in school by 7.30 a.m. for the flag-raising ceremony.
   - Students must attend school regularly so that they can benefit fully from the school's programmes and activities. Parents are to note the start and end dates of each term in the academic year and refrain from taking children out of school for vacation during term time as it will disrupt the students' learning.
   - Student's attendance and punctuality are recorded and monitored closely by the school.
   - If a student is unwell, he/she should see a doctor and obtain a medical certificate to validate his/her absence from school. The school will only accept medical certificates from general practitioners, the polyclinics and other medical institutions (doctors must be registered with the Singapore Medical Council).
   - All documents/letters to validate a student's absence from school must be submitted to the Form Teacher upon the student's return to school. The school will only accept up to 5 parent's/guardian's letters each semester.
   - Failure to notify or validate absence upon return to school will be treated as truancy and appropriate consequences will be meted out.

3. School Attire and Appearance

- Students are to wear the prescribed school uniform and modification to the uniform is not allowed.
- Students wearing the PE attire are to ensure that their PE shirt is tucked in at all times.
- All PE and uniform shirts should have name tags either ironed on or sewn onto them.
- Students must wear black canvas/nylon/PVC shoes and if the shoes have laces, they must also be black. Brand logos of the shoes, if any, should also be black.
- School socks or plain white socks must be worn such that 5cm of the socks can be seen.
- Students may change into sports shoes during CCA.
- Fingernails should be short and clean.
- Nail polish is strictly not allowed.
- No jewellery or fanciful accessories are allowed.
- Students must be neat in appearance, clean-shaven and no facial hair is allowed.
- No make-up is allowed.
- For Male Students:
  - Hair should not touch the shirt collar, cover the ears or eyebrows.
  - Hair should not be dyed, tinted, or highlighted.
  - Sideburns should be short and thinned.
  - Hair style should not be fanciful.
- For Female Students:
  - Shoulder-length/long hair must be neatly tied up with black ribbons/ hair bands.
  - Only black hair clips/accessories and head bands are allowed.
  - Fringes must be trimmed and kept above the eyebrows. If fringes are kept long, they must be clipped up and should not cover the face.
  - Hair should not be dyed, tinted, or highlighted.
  - Only one small ear stud or ear stick is allowed on each earlobe.
  - P4 to P6 students must be in skorts daily except during PE lessons when PE shorts are to be worn.

School Attire and Appearance

SCHOOL UNIFORM

Please affix the name tag on the uniform pocket, directly above the school logo as shown in the pictures.

Correct place to affix the name tag

Appropriate Hairstyles

Girl - Short Hair

Girl - Long Hair

School Attire and Appearance

PE T-Shirt
Please affix the name tag on the PE T-shirt, directly above the school logo as shown in the pictures.

Correct place to affix the name tag

Appropriate Hairstyles

Boy - Side View

Boy - Back View

4. Conduct

- Students must complete all homework and assignments on time.
- Students are expected to treat others (staff, visitors, schoolmates) with respect.
- Students must not intimidate or hurt others physically or emotionally.
- Bullying, where a student or group **intentionally targets others to cause distress with repeated pattern of behaviour** is a serious offence and will not be tolerated.

Cyber	Using technology to repeatedly harass, threaten or humiliate others	• Online targeting • Creating hate groups • Sharing of embarrassing content	• Coordinated online attacks • Digital harassment
Physical	Acts of causing physical harm, intimidation or property damage	• Pushing/shoving • Tripping of targeted individuals	• Damaging victim's belongings • Organised group physical intimidation
Social	Acts of intentional exclusion or causing reputation damage	• Engineering social exclusion • Rumour campaigns	• Relationship manipulation • Public humiliation
Verbal	Acts of name-calling, threats or spreading of rumours	• Name-calling • Mocking of personal traits • Threats/intimidation	• Degrading comments • Persistent insensitive remarks

- Students are not allowed to leave the school premises without permission.

5. Use of Electronic Devices in School

- Students are discouraged from bringing mobile phones and electronic devices to school. For urgent matters, parents can contact students through the school's general office at 6452 0794.

- If students need to bring these devices to school, they must switch off their devices as the use of such devices is not allowed during school hours including recess, CCA and after-school programmes. Playing games on mobile devices is also not allowed.

- Students who bring their devices are to switch them off before the start of the school day. They are to leave the device in their school bag during school hours. Please note that students should bear the responsibility of safekeeping their device.

- In the event of misuse/abuse of the mobile devices, the school will safekeep the devices for the purpose of investigation. The devices will only be returned to parents after the investigation.

6. Items Not to be Brought to School

- All students are not allowed to have in their possession any weapon. **Possession of weapons is a serious and reportable offence. Students found in possession of weapons within school grounds or outside school grounds will be reported to the police.**

- All students are not allowed to bring the following items to school:
  - **Prohibited (gravity/butterfly knife, ninja star) and controlled items (dagger, sword)** that can be deemed as a weapon.
  - Sharp-pointed/sharped-edged tools (e.g. scissors). Safety scissors will be provided for use when necessary.
  - Game cards or trading cards
  - Chewing gum or bubble gum

7. Offences and Consequences

- When a student has committed an offence,
  - parents/guardians will be informed of the offence committed.
  - parents/guardians will work with the school to ensure that their child/ward adheres to the school rules.

- Consequences (refer to the following table) will be meted out according to the nature of the offence.

- The Conduct Grade of the student will be affected if he/she commits a major/serious offence.

Classification	Offences	Possible Consequences
Minor Offences	Attendance-related offences • Late coming • Skipping Classes	• Punctuality Intervention Plan • Loss of Recess Play • Corrective Work • Reflection Essays • Research & Presentation to class on harms caused Recalcitrant Offenders • Formal Warning Letters • Ineligibility for Scholarships/ Awards, Leadership Appointments, Overseas Trips, School Team Representation • Conduct Grade adjustment
	Academic-related offences • Not doing homework or assignments	
	Misconduct • Disruptive behaviour • Failure to follow instructions	
	Grooming-related offences • Improper attire or grooming	

An offence is considered serious/very serious when a student:

- causes serious harm and/or disruption to self, whether physical, psychological or social; and/or
- causes serious harm and/or disruption to others, whether physical, psychological or social; and/or
- causes serious damage to property or resources; and/or
- shows defiance against authorities.

Classification	Offences	Possible Consequences
Serious / Very Serious Offences	Attendance-related offences • Truancy • Leaving school grounds without permission Academic-related offences • Cheating in exams / forgery Misconduct • Open Defiance to School Leaders/Teachers/Staff • Misuse/Abuse of mobile devices** • Assault • Bullying • Fighting • Gangsterism • Theft • Vandalism • Pornography • Sexual misconduct Substance Abuse • Vaping, Vaping (Etomidate)	• Detention and/or suspension* • Caning (for boys only) • Behavioural Contract • Conduct grade adjustment • Removal of privileges and/or suspension of leadership roles • Ineligibility for Scholarships/ Awards, Leadership Appointments, Overseas Trips, School Team Representation • Report to law-enforcement agencies (where applicable) • Attendance Intervention Plan (Truancy related cases)

* *Number of days for in-house suspension will depend on the severity of the offence.*

** *Parents will need to collect the mobile device from the General Office after the investigation is completed. Prior arrangements must be made with the teacher before the collection.*

While the above consequences serve as a guide, the Principal reserves the sole right to mete out the punishment and consequences he/she deems fit, according to the severity of the offence.

AMKP Homework Policy

Homework refers to any learning activity in curricular subjects that schools require students to complete outside of curriculum time, regardless of the mode of delivery (i.e. pen-and-paper, virtual/ online).

Examples of homework include pen and paper assignments, e-learning assignments (e.g. SLS lessons), project work tasks and preparation activities.

Objectives of Homework

- Homework, when used purposefully, enables students to:
  - reinforce learning and deepen conceptual understanding
  - be more skillful in applying what they have learnt
  - work on feedback for growth and improvement
  - develop good study habits, and
  - take greater ownership and demonstrate responsibility in their learning

- Homework also provides parents/guardians with timely information on their child's progress, and opportunities to support their child's learning.

Role of students:

- Understand homework objectives and expectations
- Use the Student Handbook to track tasks and deadlines
- Manage time to complete and submit work punctually
- Put in their best effort to achieve personal excellence
- Review and learn from feedback provided by the teacher(s)

Responsibilities of Stakeholders

Parents/guardians and learners all play an important role in ensuring that homework serves its intended purposes.

Parents/guardians are to:

- Provide a quiet, well-lit study space at home.
- Establish a consistent, distraction-free homework schedule.
- Review the Student Handbook daily to track assignments.
- Supervise and support your child's learning.
- Encourage good study habits and motivation.
- Help your child manage stress and balance activities.
- Collaborate with teachers to support learning and development.

Guidelines for Homework

- The school is mindful of our students' overall well-being. For holistic development, students need to have a balanced life with adequate time for family bonding, social activities, personal interests and rest.

- The amount of homework given will take into account students' overall workload and the competing demands on their time (e.g. CCA, competitions, enrichment classes, preparation for upcoming WAs, tests and examinations).
- The amount of homework assigned will be age-appropriate and aligned with the curriculum objectives. Homework may be differentiated to meet the different learning needs and readiness of students.
- The following table illustrates the approximate time norm for the different levels. These guidelines may be adjusted to better cater to the learning needs of our students.

Levels	**Weekly Time Norms**	**Daily Time Norms**	***Daily Screen-Use Limit for Homework** (included within weekly home-work guidelines)	**School Term Breaks**
P1 & P2	2.5 h - 5 h	0.5 h - 1 h	< 0.5 h	**For non-graduating cohorts:** • Mar & Sep breaks: No homework will be assigned • Jun & Dec breaks: Homework assigned will not exceed 50% of daily load given during school week (less protected weeks) **For graduating cohorts:** • Homework assigned will not exceed 50% of daily load given during school week (less protected weeks)
P3 & P4	5 h - 7.5 h	1.0 h - 1.5 h	< 1 h	
P5 & P6	7.5 h - 10 h	1.5 h - 2 h	< 1.5 h	

** These guidelines also apply to Home-Based Learning (HBL).*

Non-completion of Homework

Teachers will work with the students to identify reasons for missed homework and provide targeted support. If needed, a parent-teacher conference will be arranged. If the student is medically excused from school for an extended length of time, arrangements can be made on how the student can be supported with homework and other areas of academic needs.

The school uses a learner-centred and balanced assessment system to support quality teaching and learning, build intrinsic motivation in our children to learn, and develop in them the capacity to learn for life. This balanced assessment system uses both formative and summative practices at different stages of learning throughout the year for the various levels.

Updates on the school's assessment plan and schedule will be sent to parents semesterly for the middle and upper primary block and yearly for the lower primary block.

1. Absence during Weighted Assessments (WA)/Examinations

- When students are unable to take the paper on the day of the WA/ examinations, parents/guardians must contact the school via the General Office or their Form Teacher before the start of the paper.

- Students who are unable to take their WA/examinations must produce medical certificates or official supporting document(s). They must submit the medical certificate/official supporting document(s) to their Form Teacher immediately upon their return to school.

- Medical certificates from Traditional Chinese Medicine practitioners and letters of excuse from parent/guardian will not be accepted for absence from WA/examinations.

- Students who are absent for any component or paper of WA/ examinations without a medical certificate/official supporting documents will not be awarded any mark for that component/paper.

- Students who are unwell and/or suffering from any infectious diseases (e.g. chicken pox, HFMD) are not allowed to take WA/examinations.

- Apart from oral examinations, there will not be any make-up WA/ examinations for papers missed by students. In place of a score, students will be given an 'MC' or 'VR' for the papers missed upon providing a medical certificate/official supporting document(s). In such cases, component(s)/paper(s) missed will not be used for the computation of the overall results. The school will only consider students for school-based academic awards if they meet the internal assessment criteria.

2. Punctuality

Students must be punctual for all the WA/examinations. A student who is late for the WA/examinations will not be given extra time. This practice is to instil in our students a sense of personal responsibility and that punctuality is important.

3. WA/Examinations Rules

Students are considered to have cheated in WA/examinations or breached WA/examination rules if they:

- Copy from another student and/or allow another student to copy.
- Possess and/or use unauthorised reading and/or writing materials, mobile phones, smart watches or any other electronic devices capable of storing and displaying visual and verbal information.
- Attempt to obtain unfair assistance from others via smart watches, mobile phones, or passing of notes and/or making gestures.
- Continue to write when the invigilator has announced the end time of the paper and that all students should stop writing.

Any student who has breached WA/examinations rules or attempted to cheat or caught cheating during WA/examinations may be given a ZERO for that paper.

1. **Contacting the Teacher**
   If you need to communicate with your child's/ward's teacher, you may
   - call the General Office and leave a message; or
   - write a note to the teacher in your child's/ward's student handbook and get him/her to show it to the teacher. You may also email the teacher. The teachers' email addresses can be found on the school website.

2. **Parents'/Guardians' Contact Details**
   In an emergency, the school will contact parents/guardians. Therefore, it is important that you provide the school with your updated contact numbers. Please inform your child's/ward's Form Teacher immediately whenever there is a change in your contact number(s) and/or home address.

3. **Arriving in School Late**
   - If your child/ward arrives in school late, he/she needs to report to the General Office before going to the classroom for lessons.
   - The number of days your child/ward comes late will be reflected in his/her report book (Holistic Development Profile) and this will impact your child's/ward's conduct grade.

4. **Leaving School Early**
   - If your child/ward falls ill in school, the school will contact you to bring him/her home from the General Office.
   - If your child/ward has to leave the school before dismissal time, the parent/guardian needs to sign out at the General Office before the child/ward may be taken out.
   - Students can only be taken out of the school by a parent or a guardian. To ensure the safety of our students, they cannot be taken out of the school by a minor.

5. **Recess and Dismissal Timings**

School Operating Hours (Mondays To Fridays)						
	P1	**P2**	**P3**	**P4**	**P5**	**P6**
Recess*	8.45 a.m. to 9.15 a.m.	9.15 a.m. to 9.45 a.m.	9.45 a.m. to 10.15 a.m.	10.15 a.m. to 10.45 a.m.	10.45 a.m. to 11.15 a.m.	11.15 a.m. to 11.45 a.m.
Dismissal Time	**P1 to P4** 1.30 p.m. **P5 & P6** 1.35 p.m.					

* *In addition to recess, students will have a 10-minute snack break.*

6. Insurance Coverage

Your child/ward will be covered for accidents under Group Insurance for Schools (MK and Primary) on accidents that happen within the school premises and during school-related activities outside the school. Please refer to the URL for more information: https://www.income.com.sg/group-insurance-for-schools-and-centres-and-moe/group-personal-accident-for-students.

7. Monthly School Fees

- Singapore Citizens can choose to pay the miscellaneous fees from their Edusave account.
- Parents are strongly encouraged to pay their child's/ward's fees through GIRO or online payment mode using the QR Code provided in the monthly bill issued so that the child/ward need not bring large amounts of cash to school each month.
- Please ensure sufficient funds in your GIRO account for successful deduction.
- Deductions are made on the 26th of each month from February to December. If the 26th of the month falls on a weekend or Public Holiday, deductions will be made on the next working day. If a deduction fails twice due to insufficient funds, GIRO will be suspended until the outstanding amount is settled by cash.
- Please refer to the URL for the latest information on MOE School Fee: https://www.moe.gov.sg/financial-matters/fees

8. Communication Procedure including for Emergency

The school will activate the communication process as follows:

(i) Parents Gateway will be the main mode of communication. Please ensure that you are on board.

(ii) Where applicable, mass SMS may be activated.

(iii) In order for the school to effectively and efficiently disseminate emergency information to all parents and guardians, please update Form Teachers immediately when you change your mobile number(s).

9. Guidelines on Photography/Videography

Photograph(s) or video image(s) of your child/ward and you may be captured during school activities and events. The school may use and publish such photographs and/or videos in MOE and school publications, website, social media channels, and other communication channels. Please inform the school in writing should you wish to opt out from this.

1. School Security

All visitors (including parents and/or guardians) to the school are expected:

- to get a visitor's pass from the Security Post before entering the school premises.
- to drop off and/or pick up their children outside the school gates (except on rainy days).
- to make an appointment before coming to see the teacher.

These are the opening hours of the school gates:

School Gate	Opening Hours (Mondays to Fridays)	Remarks
Gate A (Gate @ Bus Stop)	6.50 a.m. – 7.30 a.m. 1.30 p.m. – 2.00 p.m.	On rainy days, students are to enter/ leave the school via Gate A as Gate C will be closed.
Gate B (Main Gate for vehicles)	6.30 a.m. – 6.30 p.m.	For the safety of our students, parents/ guardians will not be allowed to drive into the school except on rainy days. Parents/Guardians are advised to send their children to school after 6.50 a.m.
Gate C (near main gate)	6.50 a.m. – 7.30 a.m. 1.30 p.m. – 2.00 p.m.	On rainy days, Gate C will be closed. Students are to enter/leave the school via Gate A.
Gate F (Back Gate @HDB Carpark)	1.30 p.m. – 2.00 p.m.	-

Actions that can endanger our students and other road users

Parking within 9 metres of a bus stop

Dropping off at the traffic light junction

Waiting/Parking along a prohibited zone for a prolonged period of time

2. School Carpark

- Visitors/Parents who require parking are kindly requested to use the HDB carparks (Blocks 101, 108, 228B, 229) near the school.

3. Road Safety

Students should:

- make use of the pedestrian crossings at all times.
- use the paths/walkways for pedestrians whenever possible.
- be alert and careful when crossing the road.
- cross the road briskly and continue to look out for any oncoming traffic.
- wait for the vehicles to come to a total stop at the pedestrian crossings before they cross the road.
- raise their right hand to signal to the drivers that they are crossing the road.

4. General Safety

- The school will conduct evacuation drills twice a year.
- To avoid potential food allergy reactions, the school will not accept goodie bags and food for birthday celebrations.
- All students should place safety as their top priority and not engage in any dangerous act. Students should walk quietly and not run recklessly in the school compound.
- The Health Promotion Board has advised that students should only be carrying a weight of between 10% and 15% of their body weight. In practice, this would generally mean no more than 3.5 kg for the students.

Approaches to lighten your child's/ward's school bag
a) Buy a school bag that is made of lightweight material with cushioned and adjustable straps. Trolley bags with wheels are strictly not allowed.
b) Encourage your child/ward to use pencil cases and other stationery items that are made of durable but light-weight materials.
c) Supervise your child/ward when he/she packs his/her school bag each day.
d) Discourage your child/ward from bringing unnecessary items to school, such as cards, toys, metal rulers, large umbrellas, or oversized water bottles.

Responsible Use of ICT Equipment & Cyber Wellness

This policy is intended to prescribe the appropriate behaviour which students should display when using ICT resources. ICT resources here refers to any type of computing devices, software, online resources, email or social media accounts and the internet, owned by Ang Mo Kio Primary School or brought in for use by students.

1. General Policy

- Students shall only use the ICT resources according to the purpose for which they are provided for, such as administrative, teaching and learning activities.
- Students shall use only software that has valid licences provided by the school.
- Students shall report any violations of laws and/or school rules pertaining to the use of ICT resources to their teachers.

2. Account User IDs and Passwords

- Students shall be responsible and accountable for all activities conducted via his/her account.
- Students shall not reveal their login User IDs and passwords for any systems.
- Students should change the issued password at the first log in.

3. Online Usage

- Students shall be respectful to staff and peers when using online platforms.
- Students shall be mindful of the need to protect their own privacy as well as the rights to privacy of other ICT users.
- Students shall avoid websites that contain questionable content or websites of disreputable origin.
- Students shall not download, distribute or share any content on the internet that is objectionable or illegal under Singapore Laws or misuse the good name of the school.
- Students shall adhere to the minimum age requirements for the use of the various social media platforms. For example, the minimum age for the use of Facebook is 13 years old.
- Students shall not transmit defamatory, threatening or hurtful messages.
- Students shall not incite or participate in any activities related to cyberbullying. These actions include spreading rumours about another student online, and posting pictures of another student in compromising situations on social media.
- Students shall not forge the identity or impersonate another person.
- Students shall not knowingly transmit by email any malicious content (e.g. computer viruses) or any other content or material that may otherwise violate the school rules and Singapore laws.

1	**Schedule your time** Take some time to plan your revision timetable properly.
2	**Find a calm and relaxing place to study** The place you choose should be quiet enough for you to concentrate and have enough space for your books and pens.
3	**Take regular breaks** Take short breaks regularly so that your brain – your best ally in any exam – has enough time to rest!
4	**Eat well** A balanced diet is important for your body to be in an ideal state for you to concentrate on your studies.
5	**Set your goals** Goals should constantly be reviewed as you progress in your studies or if you find that topics become increasingly challenging.

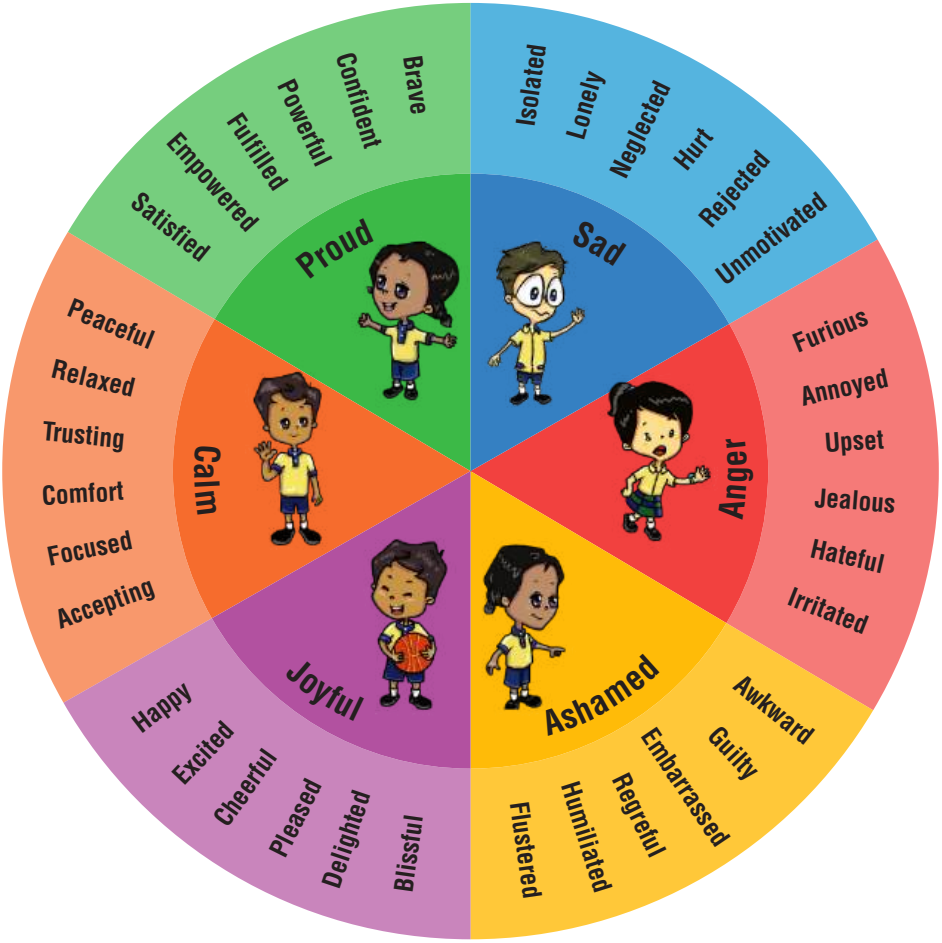
Source: *HealthHub*, https://www.healthhub.sg/live-healthy/237/how_to_study_smart

Counselling Helplines

Name of Organization	Contact Number
Institute of Mental Health Crisis Helpline	6389 2222
National Family Service Centre	1800 838 0100
Samaritans of Singapore	1800 221 4444
Singapore Anti-Narcotics Association	6732 1122 9847 5102
National Anti-Violence Helpline	1 800 777 0000
Tinkle Friend	1800 274 4788

How to Manage Your Emotions

Feelings can be strong and intense. Sometimes it is hard for you to describe how you feel. The 'Feelings Wheel' below allows you to identify your emotions accurately so you can get the support you need. When you are more aware of how you feel, you will be able to manage your emotions better.



Based on *Nonviolent Communication* by Marshall Rosenberg, Ph.D. Graphics and organisation of feelings and needs wheels adapted from Bret Stein.

Self-Care

- Take a warm bath
- Read your favourite book or a comic
- Prepare a simple meal or snack with an adult
- Watch your favourite cartoons

Healthy Hobbies

- Colour in a colouring book or draw your own pictures
- Listen to your favourite songs
- Try a fun craft project like making origami or friendship bracelets

Exercise

- Go for a walk or cycle
- Take a hike in a nearby park with your family
- Join a sports team or play your favourite sport
- Play hopscotch or skip with a rope

Relaxation

- Spend time with your pet if you have one
- Practise deep breathing exercises: breath in for 4 counts, hold for 4 counts, and breathe out for 4 counts
- Squeeze a stress ball
- Write or draw in a journal about your day
- Visit a library and read quietly

Login Details

Website: _____

Username: _____

Password: _____

Website: _____

Username: _____

Password: _____

Website: _____

Username: _____

Password: _____

Website: _____

Username: _____

Password: _____

Website: _____

Username: _____

Password: _____

Remember! Your username and password are **confidential**. Keep them safe!

General Office	6452 0794
Website	www.angmokiopri.moe.edu.sg
Email	amkps@moe.edu.sg
Facebook	https://www.facebook.com/amkp203

Other Services

SCHOOL STUDENT CARE CENTRE	NASCANS
Contact no.	8876 1576

SCHOOL UNIFORM SUPPLIER	BEAU VOIX UNIFORM
Address	2 Sims Close #03-08 Gemini@Sims Singapore 387298
Contact no.	6743 6645
Online Purchase	www.beauvoix.com.sg

SCHOOL BOOKSHOP OPERATOR	THE CONTINENTAL BOOK CENTRE
Email	info@the-continental.com.sg
Contact no.	8078 1099 / 6247 8482
Name tag order	https://thecontinental.sg/products/ang-mo-kio-primary-school-uniform-name-tags
Website	https://thecontinental.sg/

SCHOOL BUS OPERATOR	JANAMOS TRANSPORT SERVICE
Contact Person	Mr Amos Wong
Contact no.	9169 3336

DENTAL MATTERS	HEALTH PROMOTION BOARD
Contact no.	8764 5842
Operating Hours*	Monday to Friday, 8.00 a.m. - 5.00 p.m.
Lunch Time	1.00 p.m. - 2.00 p.m.

* Subject to changes. If you require any URGENT dental treatment and the clinic is closed, please call one of the following BUDDY clinics for assistance.

BUDDY Clinics: Jing Shan Primary School (8764 7987)
Teck Ghee Primary School (8940 0152)

For general enquiry, please email: contact_yps@hpb.gov.sg

NAPFA Standards for Boys

Age group	Performance Band	Grade	Points	No. of Sit-ups in 1 min	Standing Broad Jump	Sit & Reach Distance	No. of Inclined Pull-ups in 30 sec	4 X 10m Shuttle Run Time	1.6 km Run-Walk time (min : sec)
9 years of age	Outstanding	A	5	>35	>165cm	>33cm	>21	<11.3sec	<9:40
	Very Good	B	4	30-35	159168	30-33	18-21	11.3-11.8	9:40-10:40
	Good	C	3	25-29	149-158	26-29	13-17	11.9-12.2	40:41-11:40
	Good	D	2	20-24	139-148	21-25	9-12	12.3-12.7	11:41-12.40
	Satisfactory	E	1	15-19	130-138	16-20	3-8	12.8-13.1	12:41-13:50
10 years of age	Outstanding	A	5	>36	>174cm	>35cm	>22	<11.1sec	<9:30
	Very Good	B	4	31-36	165-174	32-35	19-22	11.1-11.6	9:30-10:30
	Good	C	3	26-30	156-164	28-31	14-18	11.7-12.0	10:31-11:40
	Good	D	2	21-25	146-155	23-27	9-13	12.1-12.4	11:41-12:40
	Satisfactory	E	1	17-20	137-145	18-22	3-8	12.5-12.9	12:41-13:40
11 years of age	Outstanding	A	5	>39	>188cm	>37cm	>23	<10.7sec	<8:50
	Very Good	B	4	34-39	177-188	34-37	20-23	10.7-11.2	8:50-10:00
	Good	C	3	30-33	166-176	30-33	15-19	11.3-11.6	10:01-11:10
	Good	D	2	25-29	155-165	25-29	10-14	11.7-12.0	11:11-12:20
	Satisfactory	E	1	20-24	144-154	20-24	4-9	12.1-12.5	12:21-13:30
12 years of age	Outstanding	A	5	>41	>202cm	>39cm	>24	<10.4sec	<8:40
	Very Good	B	4	36-41	189-202	36-39	21-24	10.4-10.9	8:40-9:40
	Good	C	3	32-35	176-188	32-35	16-20	11.0-11.3	9:41-10:40
	Good	D	2	27-31	163-175	28-31	11-15	11.4-11.7	10:41-11:40
	Satisfactory	E	1	22-26	150-162	23-27	5-10	11.8-12.2	11:41-12:30
13 years of age	Outstanding	A	5	>42	>214cm	>41cm	>25	<10.3sec	<8:10
	Very Good	B	4	38-42	202-214	38-41	22-25	10.3-10.7	8:10-9:10
	Good	C	3	34-37	189-201	34-37	17-21	10.8-11.1	9:11-10:10
	Good	D	2	29-33	176-188	30-33	12-16	11.2-11.5	10:11-11:00
	Satisfactory	E	1	25-28	164-175	25-29	7-11	11.6-11.9	11:01-12:00

*1.6 km Run-Walk time (All students between 9 and 13 years old)

Award Requirements	
Awards	**Minimum Scores**
Gold	C grade in all 6 stations with a minimum of 21 points
Silver	D grade in all 6 stations with a minimum of 15 points
Bronze	E grade in all 6 stations with a minimum of 6 points

NAPFA Standards for Girls

Age group	Performance Band	Grade	Points	No. of Sit-ups in 1 min	Standing Broad Jump	Sit & Reach Distance	No. of Inclined Pull-ups in 30 sec	4 X 10m Shuttle Run Time	1.6 km Run-Walk time (min : sec)
9 years of age	Outstanding	A	5	>26	>158cm	>33cm	>14	<11.8sec	<10:40
	Very Good	B	4	22-26	148-158	31-33	12-14	11.8-12.3	10:40-11:40
	Good	C	3	18-21	139-147	28-30	9-11	12.4-12.8	11:41-12:50
	Good	D	2	14-17	129-138	24-27	6-8	12.9-13.3	12:51-13:50
	Satisfactory	E	1	10-13	119-128	19-23	2-5	13.4-13.8	13:51-15:00
10 years of age	Outstanding	A	5	>27	>161cm	>35cm	>14	<11.7sec	<10:30
	Very Good	B	4	23-27	152-161	33-35	12-14	11.7-12.2	10:30-11:25
	Good	C	3	19-22	143-151	30-32	9-11	12.3-12.7	11:26-12:30
	Good	D	2	15-18	134-142	26-29	6-8	12.8-13.2	12:31-13:25
	Satisfactory	E	1	11-14	125-133	21-25	3-5	13.3-13.7	13:26-14:30
11 years of age	Outstanding	A	5	>28	>164cm	>37cm	>15	<11.6sec	<10:20
	Very Good	B	4	24-28	156-164	35-37	13-15	11.6-12.1	10:20-11:10
	Good	C	3	20-23	147-155	32-34	10-12	12.2-12.5	11:11-12:10
	Good	D	2	16-19	138-146	28-31	7-9	12.6-12.9	12:11-13:00
	Satisfactory	E	1	12-15	129-137	23-27	3-6	13.0-13.4	13:01-14:00
12 years of age	Outstanding	A	5	>29	>167cm	>39cm	>15	<11.5sec	<10:10
	Very Good	B	4	25-29	159-167	37-39	13-15	11.5-11.9	10:10-11:00
	Good	C	3	21-24	150-158	34-36	10-12	12.0-12.3	11:01-12:00
	Good	D	2	17-20	141-149	30-33	7-9	12.4-12.7	12:01-12:50
	Satisfactory	E	1	13-16	132-140	25-29	3-6	12.8-13.2	12:51-13:50
13 years of age	Outstanding	A	5	>30	>170cm	>41cm	>16	<11.3sec	<10:00
	Very Good	B	4	26-30	162-170	39-41	13-16	11.3-11.7	10:00-10:50
	Good	C	3	22-25	153-161	36-38	10-12	11.8-12.2	10:51-11:50
	Good	D	2	18-21	144-152	32-35	7-9	12.3-12.7	11:51-12:40
	Satisfactory	E	1	14-17	135-143	27-31	3-6	12.8-13.2	12:41-13:40

*1.6 km Run-Walk time (All students between 9 and 13 years old)

Award Requirements	
Awards	**Minimum Scores**
Gold	C grade in all 6 stations with a minimum of 21 points
Silver	D grade in all 6 stations with a minimum of 15 points
Bronze	E grade in all 6 stations with a minimum of 6 points

Learning Dispositions

For Lower Primary AMKPians

Resilience
I stay focused to complete my work.
I keep trying when faced with challenges.
I know what to do when faced with challenges.

Collaboration
I listen to and respect ideas shared by others.
I learn from others.
I work well with others in a group setting.

Curiosity
I ask questions to find out more.
I show an interest in learning new things.
I think up new ideas.

Excellence
I put effort into completing my work.
I take initiative to check my work.
I use feedback to improve my learning.

Where am I?

Rising
I need reminders and/or support from others (teachers and peers).

Glowing
I am beginning to learn and do things on my own.

Sparkling
I am able to learn and do things on my own.

Shining
I am learning to encourage my peers to learn and do things.

Learning Dispositions

For Middle Primary AMKPians

Resilience

I stay focused to complete my work.
I keep trying when faced with challenges.
I know what to do when faced with challenges.

Collaboration

I listen to and respect ideas shared by others.
I learn from and with others.
I work well with others in a group setting.
I contribute to group goals.

Curiosity

I ask questions to find out more.
I show an interest in learning new things.
I think up new ideas.

Excellence

I put effort into completing quality work.
I take initiative to check my work.
I use feedback to improve my learning.
I assess my own learning.

Where am I?

Rising

I am beginning to learn and do things on my own.

Glowing

I am able to learn and do things on my own.

Sparkling

I am learning to encourage my peers to learn and do things.

Shining

I am able to guide my peers to learn and do things.

For P1 - P2

Levels of Attainment of Learning Outcomes for All Subjects (English, Mother Tongue Languages, Mathematics, Social Studies, Physical Education, Art, and Music)	
Level	**Descriptor**
Beginning	Able to complete a task with extensive guidance
Developing	Able to complete a task with moderate guidance
Competent	Able to complete a task with little guidance
Accomplished	Able to complete a task independently and accurately

For P3 - P4

Grades for Core Subjects (English, Mother Tongue Languages, Mathematics & Science)	
Grade	**Mark Range**
1	85 and above
2	70 – 84
3	50 – 69
4	Below 50

For P5 - P6

Achievement Levels (ALs) for Subjects Offered at Standard Level	
Achievement Level (AL)	**Mark Range**
AL 1	≥ 90
AL 2	85 – 89
AL 3	80 – 84
AL 4	75 – 79
AL 5	65 – 74
AL 6	45 – 64
AL 7	20 – 44
AL 8	< 20

Achievement Levels (ALs) for Subjects Offered at Foundation Level		
Foundation Level AL	**Raw Mark Range**	**Equivalent Standard Level AL**
A	75 – 100	AL 6
B	30 – 74	AL 7
C	< 30	AL 8

For P3 - P6

Grades for PAM Subjects (Physical Education, Art and Music) and Social Studies	
Grade	**Descriptor**
A	Is very good at the subject
B	Is good at the subject
C	Has basic/minimal grasp of the subject

For P5 - P6

Grades for Higher Mother Tongue	
Grade	**Mark Range**
Distinction	≥ 80
Merit	65 – 79
Pass	50 – 64
Ungraded	< 50

AMKP Celebrates!
(Recognising AMKPians' Holistic Achievement in Education)

National Level	Cognitive	• Edusave Merit Bursary (EMB) • Edusave Good Progress Award (GPA) • Edusave Scholarship Primary School (ESPS)
	Character	• Edusave Character Award (ECHA)
	Leadership, Service & Achievement	• Edusave Award for Achievement, Good Leadership and Service (EAGLES)
School-based	Cognitive	• Confident Learner Award • Joyful Learner Award
	Character	• Caring Student Award
	Leadership, Service & Achievement	• Outstanding Achievement in CCA • Outstanding Achievement in Service and Leadership

Caring and Responsible Cai Rui

Dear friends,
My name is Caring and Responsible Cai Rui.

As a caring person, I take the initiative to show concern for others and always lend a helping hand to all who need it. Being responsible means I take ownership of my words and actions, and make sure that I complete my work punctually and properly.

How can I be like Cai Rui?

Term 1 Planner

WK	Mon	Tue	Wed	Thu	Fri	Sat	Sun
0				**1 Jan** **New Year's Day**	2 Jan	3 Jan	4 Jan
1	5 Jan	6 Jan	7 Jan	8 Jan	9 Jan	10 Jan	11 Jan
2	12 Jan	13 Jan	14 Jan	15 Jan	16 Jan	17 Jan	18 Jan
3	19 Jan	20 Jan	21 Jan	22 Jan	23 Jan	24 Jan	25 Jan
4	26 Jan	27 Jan	28 Jan	29 Jan	30 Jan	31 Jan	1 Feb
5	2 Feb	3 Feb	4 Feb	5 Feb	6 Feb	7 Feb	8 Feb
6	9 Feb	10 Feb	11 Feb	12 Feb	13 Feb	14 Feb	15 Feb
7	16 Feb	**17 Feb** **Chinese New Year**	**18 Feb** **Chinese New Year**	19 Feb	20 Feb	21 Feb	22 Feb
8	23 Feb	24 Feb	25 Feb	26 Feb	27 Feb	28 Feb	1 Mar
9	2 Mar	3 Mar	4 Mar	5 Mar	6 Mar	7 Mar	8 Mar
10	9 Mar	10 Mar	11 Mar	12 Mar	13 Mar	14 Mar	15 Mar

Semester 1, Term 1
2 Jan (Fri)[1] - 13 Mar (Fri)

School Vacation
14 Mar (Sat) - 22 Mar (Sun)

Public Holidays
New Year's Day : 1 Jan (Thur)
Chinese New Year : 17 Feb (Tue)
18 Feb (Wed)

1 Primary 1 and Kindergarten 1 will start school on Friday, 2 January 2026.
Primary 2 to 6 and Kindergarten 2 will start school on Monday, 5 January 2026.

T1
W0

29 Monday How are you feeling today?

30 Tuesday How are you feeling today?

31 Wednesday How are you feeling today?

01 Thursday How are you feeling today?

02 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W1

05 Monday How are you feeling today?

06 Tuesday How are you feeling today?

07 Wednesday How are you feeling today?

08 Thursday How are you feeling today?

09 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W2

12 Monday

How are you feeling today?

13 Tuesday

How are you feeling today?

14 Wednesday

How are you feeling today?

15 Thursday How are you feeling today?

16 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W3

19 Monday How are you feeling today?

20 Tuesday How are you feeling today?

21 Wednesday How are you feeling today?

22 Thursday How are you feeling today?

23 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W4

26 Monday

How are you feeling today?

27 Tuesday

How are you feeling today?

28 Wednesday

How are you feeling today?

29 Thursday How are you feeling today?

T1
W4

30 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W5

02 Monday How are you feeling today?

03 Tuesday How are you feeling today?

04 Wednesday How are you feeling today?

05 Thursday How are you feeling today?

06 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W6

09 Monday How are you feeling today?

10 Tuesday How are you feeling today?

11 Wednesday How are you feeling today?

12 Thursday How are you feeling today?

13 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W7

16 Monday How are you feeling today?

17 Tuesday How are you feeling today?

18 Wednesday How are you feeling today?

19 Thursday How are you feeling today?

20 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W8

23 Monday How are you feeling today?

24 Tuesday How are you feeling today?

25 Wednesday How are you feeling today?

26 Thursday How are you feeling today?

27 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W9

02 Monday

How are you feeling today?

03 Tuesday

How are you feeling today?

04 Wednesday

How are you feeling today?

05 Thursday How are you feeling today?

06 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T1
W10

09 Monday How are you feeling today?

10 Tuesday How are you feeling today?

11 Wednesday How are you feeling today?

12 Thursday How are you feeling today?

13 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

Gratitude

Date:

Today was ☐ ☐ ☐ ☐ ☐

Today, I am thankful for:

1

2

3

What made me smile today?

What was the best thing that happened today?

What am I looking forward to?

Respectful Rafiq

Hello friends! My name is Respectful Rafiq.

I am happy to be part of the AMKP family! Every morning, I greet our teachers and friends, the aunties and uncles in our school, as well as the guests visiting our school. Their friendly smiles warm my heart. In class, I will raise my hand when I have an idea or opinion to share and wait for the teacher to call on me before I speak. When others share their thoughts, I listen attentively to them and acknowledge their views. This is how I show respect to others!

How can I be like Rafiq?

Term 2 Planner

WK	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	**23 Mar** **Hari Raya Puasa off-in-lieu**	24 Mar	25 Mar	26 Mar	27 Mar	28 Mar	29 Mar
2	30 Mar	31 Mar	1 Apr	2 Apr	**3 Apr** **Good Friday**	4 Apr	5 Apr
3	6 Apr	7 Apr	8 Apr	9 Apr	10 Apr	11 Apr	12 Apr
4	13 Apr	14 Apr	15 Apr	16 Apr	17 Apr	18 Apr	19 Apr
5	20 Apr	21 Apr	22 Apr	23 Apr	24 Apr	25 Apr	26 Apr
6	27 Apr	28 Apr	29 Apr	30 Apr	**1 May** **Labour Day**	2 May	3 May
7	4 May	5 May	6 May	7 May	8 May	9 May	10 May
8	11 May	12 May	13 May	14 May	15 May	16 May	17 May
9	18 May	19 May	20 May	21 May	22 May	23 May	24 May
10	25 May	26 May	**27 May** **Hari Raya Haji**	28 May	29 May	30 May	**31 May** **Vesak Day**

Semester 1, Term 2
23 Mar (Mon) - 29 May (Fri)

School Vacation
30 May (Sat) - 28 Jun (Sun)

Public Holidays

Hari Raya Puasa :	21 Mar (Sat)[1]
Good Friday :	3 Apr (Fri)
Labour Day :	1 May (Fri)
Hari Raya Haji :	27 May (Wed)
Vesak Day :	31 May (Sun)[2]

1 As Saturday, 21 March 2026 is a Public Holiday, Monday, 23 March 2026 will be a designated day off-in-lieu for schools (i.e. Schools, including the General Office, Student Care Centres and KCare Centres, will be closed).
2 Monday, 1 June 2026 will be a public holiday.

23 Monday How are you feeling today?

T2
W1

24 Tuesday How are you feeling today?

25 Wednesday How are you feeling today?

26 Thursday How are you feeling today?

27 Friday How are you feeling today?

T2
W1

Student's Reflections/Teacher's Comments

30 Monday How are you feeling today?

31 Tuesday How are you feeling today?

01 Wednesday How are you feeling today?

T2
W2

02 Thursday

How are you feeling today?

03 Friday

How are you feeling today?

T2
W2

Student's Reflections/Teacher's Comments

06 Monday

How are you feeling today?

T2
W3

07 Tuesday

How are you feeling today?

08 Wednesday

How are you feeling today?

09 Thursday How are you feeling today?

10 Friday How are you feeling today?

T2
W3

Student's Reflections/Teacher's Comments

13 Monday

How are you feeling today?

T2
W4

14 Tuesday

How are you feeling today?

15 Wednesday

How are you feeling today?

16 Thursday How are you feeling today?

17 Friday How are you feeling today?

T2
W4

Student's Reflections/Teacher's Comments

20 Monday

How are you feeling today?

T2
W5

21 Tuesday

How are you feeling today?

22 Wednesday

How are you feeling today?

23 Thursday How are you feeling today?

24 Friday How are you feeling today?

T2
W5

Student's Reflections/Teacher's Comments

27 Monday How are you feeling today?

T2 W6

28 Tuesday How are you feeling today?

29 Wednesday How are you feeling today?

30 Thursday How are you feeling today?

01 Friday How are you feeling today?

T2
W6

Student's Reflections/Teacher's Comments

04 Monday

How are you feeling today?

T2
W7

05 Tuesday

How are you feeling today?

06 Wednesday

How are you feeling today?

07 Thursday How are you feeling today?

08 Friday How are you feeling today?

T2
W7

Student's Reflections/Teacher's Comments

11 Monday

How are you feeling today?

T2
W8

12 Tuesday

How are you feeling today?

13 Wednesday

How are you feeling today?

14 Thursday How are you feeling today?

15 Friday How are you feeling today?

T2
W8

Student's Reflections/Teacher's Comments

18 Monday How are you feeling today?

T2
W9

19 Tuesday How are you feeling today?

20 Wednesday How are you feeling today?

21 Thursday How are you feeling today?

22 Friday How are you feeling today?

T2
W9

Student's Reflections/Teacher's Comments

25 Monday How are you feeling today?

T2 W10

26 Tuesday How are you feeling today?

27 Wednesday How are you feeling today?

28 Thursday How are you feeling today?

29 Friday How are you feeling today?

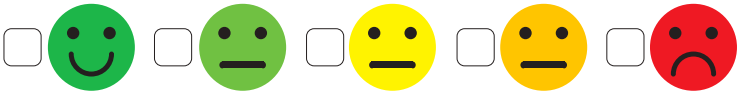
T2
W10

Student's Reflections/Teacher's Comments

Gratitude

Date:

Today was



Today, I am thankful for:

1

2

3

What made me smile today?

What was the best thing that happened today?

What am I looking forward to?

Integrity and Courageous Ivan

Hi everyone,
I am Integrity and Courageous Ivan.

I encourage you to embrace a 'dare-to-try' attitude when facing challenges and new experiences. I value honesty and I believe that it is important to uphold good moral principles. I choose to do what is right and kind even when no one is watching and even in difficult situations. It takes courage to do so. I hope you have the moral courage to do so too!

How can I be like Ivan?

Term 3 Planner

WK	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	29 Jun	30 Jun	1 Jul	2 Jul	3 Jul	4 Jul	**5 Jul** **Youth Day**
2	**6 Jul** **Youth Day School Holiday**	7 Jul	8 Jul	9 Jul	10 Jul	11 Jul	12 Jul
3	13 Jul	14 Jul	15 Jul	16 Jul	17 Jul	18 Jul	19 Jul
4	20 Jul	21 Jul	22 Jul	23 Jul	24 Jul	25 Jul	26 Jul
5	27 Jul	28 Jul	29 Jul	30 Jul	31 Jul	1 Aug	2 Aug
6	3 Aug	4 Aug	5 Aug	6 Aug	7 Aug	8 Aug	**9 Aug** **National Day**
7	**10 Aug** **National Day Public Holiday**	11 Aug	12 Aug	13 Aug	14 Aug	15 Aug	16 Aug
8	17 Aug	18 Aug	19 Aug	20 Aug	21 Aug	22 Aug	23 Aug
9	24 Aug	25 Aug	26 Aug	27 Aug	28 Aug	29 Aug	30 Aug
10	31 Aug	1 Sep	2 Sep	3 Sep	**4 Sep** **Teachers' Day**	5 Sep	6 Sep

Semester 2, Term 3
29 Jun (Mon) - 4 Sep (Fri)

School Vacation
5 Sep (Sat) - 13 Sep (Sun)

Scheduled School Holidays
Youth Day : 5 Jul (Sun)[1]
Teachers' Day : 4 Sep (Fri)

Public Holidays
National Day : 9 Aug (Sun)[2]

1 The following Mon 6 Jul will be a school holiday
2 Monday, 10 August 2026 will be a public holiday.

29 Monday How are you feeling today?

30 Tuesday How are you feeling today?

01 Wednesday How are you feeling today?

02 Thursday

How are you feeling today?

03 Friday

How are you feeling today?

T3
W1

Student's Reflections/Teacher's Comments

06 Monday How are you feeling today?

07 Tuesday How are you feeling today?

08 Wednesday How are you feeling today?

09 Thursday How are you feeling today?

10 Friday How are you feeling today?

T3
W2

Student's Reflections/Teacher's Comments

13 Monday

How are you feeling today?

14 Tuesday

How are you feeling today?

15 Wednesday

How are you feeling today?

16 Thursday How are you feeling today?

17 Friday How are you feeling today?

T3
W3

Student's Reflections/Teacher's Comments

20 Monday How are you feeling today?

21 Tuesday How are you feeling today?

22 Wednesday How are you feeling today?

23 Thursday How are you feeling today?

24 Friday How are you feeling today?

T3
W4

Student's Reflections/Teacher's Comments

27 Monday How are you feeling today?

28 Tuesday How are you feeling today?

29 Wednesday How are you feeling today?

30 Thursday How are you feeling today?

31 Friday How are you feeling today?

T3
W5

Student's Reflections/Teacher's Comments

03 Monday How are you feeling today?

04 Tuesday How are you feeling today?

05 Wednesday How are you feeling today?

06 Thursday How are you feeling today?

07 Friday How are you feeling today?

T3
W6

Student's Reflections/Teacher's Comments

10 Monday

How are you feeling today?

11 Tuesday

How are you feeling today?

12 Wednesday

How are you feeling today?

13 Thursday How are you feeling today?

14 Friday How are you feeling today?

T3
W7

Student's Reflections/Teacher's Comments

17 Monday How are you feeling today?

18 Tuesday How are you feeling today?

19 Wednesday How are you feeling today?

20 Thursday How are you feeling today?

21 Friday How are you feeling today?

T3
W8

Student's Reflections/Teacher's Comments

24 Monday

How are you feeling today?

25 Tuesday

How are you feeling today?

26 Wednesday

How are you feeling today?

27 Thursday How are you feeling today?

28 Friday How are you feeling today?

T3
W9

Student's Reflections/Teacher's Comments

31 Monday How are you feeling today?

01 Tuesday How are you feeling today?

02 Wednesday How are you feeling today?

03 Thursday How are you feeling today?

04 Friday How are you feeling today?

T3
W10

Student's Reflections/Teacher's Comments

Gratitude

Date:

Today was

Today, I am thankful for:

1

2

3

What made me smile today?

What was the best thing that happened today?

What am I looking forward to?

Resilient and Excelling Eeshani

Hello friends,
I am Resilient and Excelling Eeshani.

I enjoy learning at AMKP. I always stay focused in class and am curious about everything around me. I view challenges as opportunities for growth, and will pick myself up when I fall. I take pride in my work and give my best in all that I do.

How can I be like Eeshani?

Term 4 Planner

WK	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	14 Sep	15 Sep	16 Sep	17 Sep	18 Sep	19 Sep	20 Sep
2	21 Sep	22 Sep	23 Sep	24 Sep	25 Sep	26 Sep	27 Sep
3	28 Sep	29 Sep	30 Sep	1 Oct	**2 Oct Children's Day**	3 Oct	4 Oct
4	5 Oct	6 Oct	7 Oct	8 Oct	9 Oct	10 Oct	11 Oct
5	12 Oct	13 Oct	14 Oct	15 Oct	16 Oct	17 Oct	18 Oct
6	19 Oct	20 Oct	21 Oct	22 Oct	23 Oct	24 Oct	25 Oct
7	26 Oct	27 Oct	28 Oct	29 Oct	30 Oct	31 Oct	1 Nov
8	2 Nov	3 Nov	4 Nov	5 Nov	6 Nov	7 Nov	**8 Nov Deepavali**
9	**9Nov Deepavali Public Holiday**	10 Nov	11 Nov	12 Nov	13 Nov	14 Nov	15 Nov
10	16 Nov	17 Nov	18 Nov	19 Nov	20 Nov	21 Nov	22 Nov

Semester 2, Term 4
14 Sep (Mon) - 20 Nov (Fri)

School Vacation
21 Nov (Sat) - 31 Dec (Thur)

Scheduled School Holiday
Children's Day : 2 Oct (Fri)

Public Holidays
Deepavali : 8 Nov (Sun)[1]
Christmas : 25 Dec (Fri)

1 Monday, 9 November 2026 will be a public holiday.

14 Monday

How are you feeling today?

15 Tuesday

How are you feeling today?

16 Wednesday

How are you feeling today?

17 Thursday How are you feeling today?

18 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W1

21 Monday

How are you feeling today?

22 Tuesday

How are you feeling today?

23 Wednesday

How are you feeling today?

24 Thursday

How are you feeling today?

25 Friday

How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W2

28 Monday

How are you feeling today?

29 Tuesday

How are you feeling today?

30 Wednesday

How are you feeling today?

01 Thursday

How are you feeling today?

02 Friday

How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W3

05 Monday

How are you feeling today?

06 Tuesday

How are you feeling today?

07 Wednesday

How are you feeling today?

08 Thursday How are you feeling today?

09 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W4

12 Monday

How are you feeling today?

13 Tuesday

How are you feeling today?

14 Wednesday

How are you feeling today?

15 Thursday How are you feeling today?

16 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W5

19 Monday

How are you feeling today?

20 Tuesday

How are you feeling today?

21 Wednesday

How are you feeling today?

22 Thursday

How are you feeling today?

23 Friday

How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W6

26 Monday

How are you feeling today?

27 Tuesday

How are you feeling today?

28 Wednesday

How are you feeling today?

29 Thursday How are you feeling today?

30 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W7

02 Monday

How are you feeling today?

03 Tuesday

How are you feeling today?

04 Wednesday

How are you feeling today?

05 Thursday How are you feeling today?

06 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W8

09 Monday How are you feeling today?

10 Tuesday How are you feeling today?

11 Wednesday How are you feeling today?

12 Thursday

How are you feeling today?

13 Friday

How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W9

16 Monday

How are you feeling today?

17 Tuesday

How are you feeling today?

18 Wednesday

How are you feeling today?

19 Thursday How are you feeling today?

20 Friday How are you feeling today?

Student's Reflections/Teacher's Comments

T4
W10

Gratitude

Date:

Today was ☐ ☐ ☐ ☐ ☐

Today, I am thankful for:

1

2

3

What made me smile today?

What was the best thing that happened today?

What am I looking forward to?

Notes

Notes

Notes

Notes

Notes

Keep in Touch

Name: Tel:

Address:

Email:

Name: Tel:

Address:

Email:

Name: Tel:

Address:

Email:

Name: Tel:

Address:

Email:

Name: Tel:

Address:

Email:

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1

B

2

C

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D

4

Desired Outcomes of Education

At the end of primary school, students should:

- Be able to distinguish right from wrong.
- Know their strengths and areas for growth.
- Be able to cooperate, share and care for others.
- Have a lively curiosity about things.
- Be able to think for and express themselves confidently.
- Take pride in their work.
- Have healthy habits and an awareness of the arts.
- Know and love Singapore.

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